

**Sausage Pillow
User Instructions**

Simple Stuff Works



FROM OUR FAMILY TO YOURS

It is unsafe to assemble and use the equipment without fully reading the instructions

User Assistance

If you are experiencing problems with any part of your sleep system, refer to troubleshooting section and the online video. If you cannot find the answer contact us:

For the UK: Telephone number 01827 307870

Email: admin@simplestuffworks.co.uk

For the USA: Telephone number 1-888-213-8416

The product in this specific manual is the *Plastazote wedge* as part of *Mattress Flotation Therapy*

Product code: IKY

Device listing number: D258510

Proprietary Name: Non-powered Sleep System

Regulation Description: Non-powered flotation therapy mattress

Company Name Simple Stuff Works

UK

Simple Stuff Works Associates Ltd

Units 4 and 5, Cavendish

Tamworth

Staffs

B79 7XH

USA

Simple Stuff Works Inc.

One Commerce Centre,

1201 Orange St #600,

Wilmington,

New Castle,

Zip Code 19899

USA

Other useful contacts

Please fill in accordingly

Home medical equipment supplier

Telephone number

Home healthcare agency

Telephone number

Doctor

Telephone number

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3. Warning and Cautions

A warning is a statement that alerts users to the possibility of injury death or other serious adverse reactions.

WARNING

The sausage pillow is not to be eaten or placed in any orifice

1. This could result in harm to the individual.
2. If this is considered a risk then an alternative is to be sought from the registered health professional.
3. Ensure the inside zip is on the opposite side to the outside terry towelling zip.

WARNING

The sausage pillow should not be exposed to heat for example a naked flame.

1. This could result in burns to the individual and damage to the product.
2. Establish and remove the source of the heat.
3. If this is considered a risk then an alternative is to be sought from the registered health professional.

A caution is a statement that alerts users about the possibility of a problem associated with use.

CAUTION

Only use Simple Stuff Works components and accessories

1. Any unauthorized use of the system may put the patient and the care giver at risk.
2. Failure to follow these instructions will invalidate the warranty.

CAUTION

The sausage pillow and sheets should be free of objects.

1. Any objects trapped in the sausage pillow, between, underneath, or on top of the sheets, will be a potential risk for pressure ulcer development.
2. Remove any objects that are found

CAUTION

The equipment poses an infection control risk if used between patients.

1. Ensure the correct local infection control measures are adhered to if redistributing to other patients.

CAUTION

Cleaning care and maintenance instructions should be followed at all times

1. Not following the instructions will result in damage to the sausage pillow placing the patient at risk.
2. Fully read the accompanying cleaning and care document.
3. Do not use the sausage pillow if damage does occurs and consult your registered health professional.

CAUTION

In hot environmental temperatures pooling of body moisture can occur on the mattress base as moisture is wicked away from the body.

1. An absorbent material such as an incontinence sheet should be placed under the sheets to absorb the excess moisture.
2. The care giver should continue to monitor the condition of the skin.

4. Purpose of the device

- Careful assessment and consideration is needed of the needs, safety and movement of the individual. This will depend whether the sausage pillow is placed on top of the sheet or in-between the mesh sheets.
- The exact positioning and use of the sausage pillow will be determined by the qualified registered health professional. Below are a few examples:
- Raising the legs and placing the pillow under the legs.
- Behind the patient's back or front of the torso to provide soft support in side lying.
- Between the legs in side lying.
- Used in conjunction with a supine stabilizer.
- Used in conjunction with a side lyer.
- Under and around lower thighs.
- The sausage pillow has a cotton mix terry towelling cover and filled with a specialized fibre that wicks moisture away from the body, therefore it may be placed next to the skin.
- Some of the benefits of using the sausage pillow may be reduced pain, improved comfort, sleep, and balance, heat exchange, pressure care and decreased tone.
- The intended purpose of the sleep system is therapeutic positioning in the lying posture, it is a gentle therapy used by people with movement difficulties. When used correctly it may help protect and restore an individual's body shape.
- The Simple Stuff Works positioning system has no Velcro or screw action fixings. So silent changes of position can be made with little disruption to the person whilst in bed.

5. Description of the device

The sausage pillow is made from a cotton mix and wicks moisture away from the body. They are designed to provide support either on top of the sheet or between the base sheets. The sausage pillow can be used with other accessories. See figure 1.



Figure 1.

6. Environmental conditions that affect use

- The properties of the system naturally wicks moisture away from the body. This may result in moisture pooling on the mattress underneath the base layers.
- In hot environmental conditions use an incontinence sheet underneath the base layers, this will absorb any moisture that is wicked away from the body.
- After moving the patient, check for objects or creases.
- If the wedge moves by the patient's body movements, reposition and consider if another type of support is required.
- Remove any objects and smooth creases.
- To transport the equipment place all parts into a bag to ensure all the parts stay together.
- After unpacking check all parts are present and intact.

Conditions under which the device should and should not be used

- The sausage pillow should always be used and positioned as advised by the qualified registered health professional.
- The sausage pillow should only be used by the patient it is intended for.
- The sausage pillow can be used on foam, airflow and low airloss mattresses, if you are unsure consult with the manufacturers' guidelines.

7. Set up instructions of the device

List of parts

1. Sausage pillow.
2. Appropriate mesh base system.
3. Appropriate other support as assessed by the qualified and registered health professional.
4. Cotton sheet.

No tools required for set up

Device placement

1. The care giver to ensure that there are no objects inside the sausage pillow.
2. The care giver to ensure that there are no creases or objects on top of, below or in-between in the sheets of the base system.
3. The care giver to position the sausage pillow.
4. For assistance with set up issues refer to the corresponding video and to page 1 for our contact details.

CAUTION

The sausage pillow may not hold the patient's body in position.

1. Contact your registered health professional if the patient's condition has changed.
2. Contact your supplier for a reassessment – a firmer support may be required.

CAUTION

The sausage pillow, mattress and sheets should be free of objects and creases.

1. Any objects trapped within, between, underneath, or on top of the sausage pillow and sheets will be a potential risk for pressure ulcer development.
2. Any creases in the sheets will be a potential risk for pressure ulcer development.
3. The user to smooth the sheets to check for unwanted objects and creases.

8. Check out procedures

Ensure the sausage pillow is intact and contact your supplier for a replacement and advice if required.

Prior to each use visually check and feel the sausage pillow and base sheets are free from objects and creases.

Smooth out any creases and remove objects from the sausage pillow and sheets.

For assistance with set up issues refer the corresponding video and to page 1 for our contact details.

9. Operating instructions of the device

CAUTION

The sausage pillow, mattress and sheets should be free of objects and creases.

1. Any objects trapped within the sausage pillow, between, underneath, or on top of the sheets will be a potential risk for pressure ulcer development.
2. Any creases in the sheets will be a potential risk for pressure ulcer development.
3. The user to visually check the sausage pillow and smooth the sheets to check for unwanted objects and creases.

CAUTION

The sausage pillow may not hold the patient's body in position.

1. Contact your registered health professional if the patient's condition has changed.
2. Contact your supplier for a reassessment, a firmer support may be required.

1. Prepare the patient, the bed and mattress prior to placing the sausage pillow. The pillow can be placed in a variety of positions as advised by the qualified and registered health professional. See some of the examples below.



2. Consideration of whether the sausage pillow can be placed on top of or in-between the mesh sheets. In the example following the sausage pillow is placed between the mesh sheets.



3. The positioning of the sausage pillow between the mesh sheets providing support in side lying. The patient is also holding a sausage pillow.



4. The sausage pillow and bracket support are held in position by securing the cotton sheet under the mattress.



6. The positioning of the sausage pillow between the mesh sheets, providing support when the patient is lying on their back.



7. The sausage pillow placed on top of the base sheet system, under the legs of the patient



8. The sausage pillow is secured by the weight of the patient's legs.



It is advised the care giver seeks training and guidance in the field of manual handling. This is not covered within this guide.

10. Cleaning instructions

The sausage pillow is a fully washable product.

- How often should the sausage pillow be washed- On soiling and enough to keep clean and fresh.
- Only **NON bleaching** household washing powder can be used to wash the sausage pillow.
- The sausage pillow should not be washed above forty degrees Celsius, **<40C**.
- The sausage pillow should fit into a standard house hold washing machine drum and should be spun on a **slow spin cycle**, 800 revs or less.
- The sausage pillow can be air dried or tumble dried on a low heat.

Washing the sausage pillow whole.

1. Adhere to the manufacturer's instructions at all times.

Product	Symbols
Sausage pillow	   
What do they mean?	Temperature
<ul style="list-style-type: none"> - Wash at maximum 40 degrees - <u>The line underneath 40° indicates a slower spin cycle is required</u> - Do not bleach - Do not iron - Tumble dry on low heat 	40°C Maximum

2. Insert the sausage pillow whole directly into the washing machine. Add non bleaching washing powder and set the washing machine as per instructions.



3. Remove from the washing machine, allow the product to air dry or tumble dry on a low heat.

4. If the fibre has compacted together then remove the outer cover from the sausage pillow.



5. Unzip the inner cover and pull the compact fibre out of the inner pillow.



6. Spread and pull the fibres apart, allow the fibre to dry. Once dry the fibre can be teased apart so it is back to its original fluffy state.



7. Now reinsert the fibre back into the inner cover.



8. Fasten the inner cover zip.



9. Position the inner cover zip on the opposite side to the outer cover zip. Reinsert the inner sausage into the outer cover and fasten the zip.



10. The sausage pillow is now ready to be used.

Washing the sausage pillow with a wipeable inner.

Washing the wipeable inner

- How often should the wipeable inner be washed- On soiling and enough to keep clean and fresh.
- The wipeable inner should be washed in warm soapy water using a mild household detergent, an alternate method is using an alcohol wipe to wipe clean.
- The wipeable inner can be air dried.

1. Washing the wipeable inner.

Adhere to the manufacturer’s instructions at all times.

Product	Symbols
Sausage wipeable inner	Wipe clean only
What do they mean?	Temperature
<ul style="list-style-type: none"> - Wipe clean only - Do not machine wash - Do not tumble dry - Do not Iron 	N/A

2. Remove the wipeable inner from the outer cover.

3. Wash the wipeable sausage pillow in warm soapy water using a household mild detergent or use an alcohol wipe.

Set to one side and allow to air dry, before reapplying the outer cover.



9. Position the inner cover zip on the opposite side to the outer cover zip. Reinsert the inner sausage into the outer cover and fasten the zip.



10. The sausage pillow is now ready to be reused.

Washing the washable outer cover.

- How often should the outer and inner wipeable sausage pillow be washed- On soiling and enough to keep clean and fresh.
- Only **NON bleaching** household washing powder can be used to wash the outer sausage pillow.
- The sausage pillow outer cover should not be washed above forty degrees Celsius, **<40C**.
- The sausage pillow outer cover should fit into a standard house hold washing machine drum and should be spun on a **slow spin cycle**, 800 revs or less.
- The sausage pillow can be air dried or tumble dried on a low heat.

1. Adhere to the manufacturer's instructions at all times.

Product	Symbols
Sausage pillow outer cover	   
What do they mean?	Temperature
<ul style="list-style-type: none"> - Wash at maximum 40 degrees - <u>The line underneath 40° indicates a slower spin cycle is required</u> - Do not bleach - Do not iron - Tumble dry on low heat 	40°C Maximum

2. Remove the outer cover from the inner wipeable pillow. Insert the sausage pillow outer cover **ONLY** whole into the washing machine. Add non bleaching washing powder and set the washing machine as per instructions.



3. Remove from the washing machine, allow the product to air dry or tumble dry on a low heat.



4. Then insert the wipeable inner into the outer cover. Fasten the zip and the sausage pillow is ready to use.

11. Maintenance instructions

- Check that the seams are intact-before use visually inspect.
- Check that the integrity of the sausage pillow has not been comprised.

- Check before every use that there are no objects that are within the sausage pillow between, on top of or underneath the base system.
- If pooling of moisture occurs ensure that an incontinence pad is placed on the base of the mattress to absorb excess moisture.

12. Storage of the device

1. The system will deteriorate if stored in wet or damp conditions.
2. It should be stored in a room above freezing but below 90 degrees Fahrenheit. For extended storage then you need to store in plastic sealed containers.

13. Troubleshooting section

The healthcare professional emergency assistance service should be contacted immediately, if the troubleshooting reveals a patient health problem rather than a device problem.

Any adverse events should be reported use the contact information on page 1.

Anticipated problems	Solution to the problem
<p>1. During very hot environmental conditions there may be pools of sweat found on the mattress. This is due to the fabric wicking moisture away from the body.</p>	<p>1. Place an incontinence sheet underneath the fitted base sheet. This will collect excessive moisture. Monitor the patient's skin condition when using this.</p>
<p>2. The development of a pressure point, due to an object in the sausage pillow, under, between or on top of the layers.</p>	<p>2. Ensure that the sausage pillow, mesh based sheets, topper and cotton sheet are free from objects.</p>

3. The development of a pressure point, due to a crease in the material.	3. Ensure that the mesh based sheets, topper and cotton sheet are free from creases.
4. If the material gets damaged due to washing at temperature exceeding 40 degrees.	4. Comply with the washing, drying and care of instructions of the sausage pillow. Contact your supplier for a replacement see page 1.
5. If the material gets damaged or torn.	5. Comply with the sausage pillow washing, drying and care of instructions. Contact your supplier for a replacement see page 1.

14. Summary page

This is not to replace the complete user's instructions and the entire manual should be read prior to using the device.

- The sausage pillow is designed to support various part of the body, in different positions.
- The sausage pillow is made of a specialized fibre material that wicks moisture away from the body.
- The sausage pillow may be used alongside another support in a position determined by the qualified and registered health professional.
- The sausage pillow can be used on a foam, low air loss or an airflow mattress.
- The sausage pillow can be positioned either directly on the cotton sheet or between the mesh sheets. This will be determined by the qualified registered health professional.
- The intended purpose of the sleep system is therapeutic positioning in the lying posture, it is a gentle therapy used by people with movement

difficulties. When used correctly it may help protect and restore an individual's body shape.

CAUTION

The sausage pillow, mattress and sheets should be free of objects and creases.

1. Any objects trapped in the sausage pillow, between, underneath, or on top of the sheets will be a potential risk for pressure ulcer development.
2. Any creases in the sheets will be a potential risk for pressure ulcer development.
3. The user to smooth the sheets to check for unwanted objects and creases.

CAUTION

Only use Simple Stuff Works components and accessories

1. Any unauthorized use of the system may put the patient and the care giver at risk.
2. Failure to follow these instructions will invalidate the warranty.

Contact phone number for assistance – please fill accordingly

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16. Date of writing the manual October 2016

17. Accessories

All accessories that can be used have their individualized manuals and instructions, they are listed below. Individual manual to be fully read and understood. Not all of the accessories below will be considered suitable or appropriate, this will be determined by the registered health professional.

1. Mattress topper
2. Fibre wedges
3. Fibre wedges with mesh
4. Stabilizing flat mesh base system
5. Stabilizing fitted mesh base system
6. Lateral supports and padded wedges

7. Lateral supports and padded wedge with mesh
8. Plastazote wedges
9. Fitted cotton sheet
10. Flat cotton sheet
11. Foot supports
12. Padded brackets
13. Neck pillow
14. Sausage pillow
15. Temperature regulating pillow
16. Supine stabilizer
17. Side lying leg support